



Wild Island Dressing/Dip

This dressing and/or dip is excellent on your favorite green salad or for dipping veggies and fried finger foods. It's very simple to make and you'll have begging for the recipe when you serve it!

1 finely diced red onion
1/4 cup Pirate's Blend Caribbean Condiment
2 cups mayonnaise (use low-fat if you must... but we don't!)
A dash of fresh lemon or lime juice to taste, if desired

Mix everything together: Bingo, it's done!

If you want to get real fancy, briefly cook diced red onion in 1 Tbsp each of red wine, vinegar and sugar.

Yummy...